



BYFORDS

Low Gluten Menu

*Here at Byfords we ensure we take the upmost care in producing Gluten Free dishes,
however they are prepared in an area containing Gluten products.*

3-2-1 SPECIAL

SERVED FROM 5PM

3 COURSES + DRINK £34.00*

2 COURSES + DRINK £30.00*

1 DRINK INCLUDED

1 GRAZING + 1 MAIN (INCLUDING PIZZA)

+ 1 DESSERT + 175ML HOUSE WHITE/RED/ROSE OR SCHOONER OF LAGER/CIDER/IPA/AMBER ALE OR A PEPSI, DIET PEPSI OR LEMONADE

*No additional Passport discount

Brunch

available 8am- 2:30pm • 7 days a week

Cooked breakfasts £14.75 / £13.28
Choice of regular tea, coffee, latte cappuccino, mocha or hot chocolate (upgrade to large for £1), gluten free toast and one of the following:

Byfords: fried, poached or scrambled egg, smoked back bacon, sausage, slow roast tomato, mushrooms, baked beans & hash brown

Veggie: fried, poached or scrambled egg, vegetarian sausages, slow roast tomato, mushrooms, baked beans & hash brown

Skinny: scrambled or poached egg, smashed avocado, wilted spinach, slow roast tomato, mushrooms & beans

Byfords breakfast hash: fried potato, chorizo, tomato & spring onion- baked with free range eggs and topped with cheese. £12.50 / £11.25

Kippers: Traditionally smoked kippers, served with roast tomato, lemon wedge, parsley & gluten free toast £13.25 / £11.93

Free range eggs, on toasted gluten free bread £10.00 / £9.00

Benedict: our roast ham, wilted spinach, poached eggs & herbed hollandaise

Arlington: smoked salmon, spinach, poached eggs & herbed hollandaise

Smashed avocado: chilli jam, scrambled eggs, herb roasted tomatoes, mixed seeds, coriander

Kedgeree: smoked haddock & prawn kedgeree, spinach, rice, free range poached egg, gluten free toast £13.25 / £11.93

Byfords breakfast bowl: help yourself to fresh Fruit, Greek yoghurt and compute from our counter £6.50 / £5.85

Sandwiches

on gluten free bread - served 11am-5pm

Posh cheese on toast: £10.95 / £10.86
Chunky hand cut toast, our favourite local cheeses - Binham Blue, Norfolk Dapple and Wells Alpine- served with apple & mint chutney and dressed salad

Byfords cheesesteak £11.75 / £10.58
Sliced roast beef, roasted red peppers and red onions, hot swiss cheese, served with spicy carrot slaw & seasoned fries

Soup Kitchen

Served from 11am until its gone!

Everyday we serve tomato & basil plus a daily special - with either the choice gluten free toast as standard, or a half or full sandwich from the section below. All our soups are suitable for vegetarians & contain no gluten or dairy products

Soup as it comes: £7.50 / £6.75

Soup & half sandwich: £11.50 / £10.35

Soup & full sandwich: £14.75 / £13.28

SOUP SPECIALS:

Monday: Mushroom & Tarragon

Tuesday: Sweet Potato & Coconut

Wednesday: French Onion

Thursday: Vegetable & Herb Minestrone

Friday: Spiced Carrot & Coriander

Saturday: Chunky Vegetable & Red Lentil

Sunday: Leek & Potato

Sharing Platters

Served from 12-9pm • £12.00 / £10.80 for 1, £22.50 / £20.25 for 2 • all served with gluten free toast

Deli Sliced Chorizo, Parma ham, Binham Blue, Norfolk Dapple, anti pasti

Seafood Seafood cocktail, mackerel pate, hot & crispy calamari, fishcakes, caper berries & lemon

Cheese Norfolk Dapple, Binham Blue, Brie, Celery, apple & mint chutney & grapes

Salad: £16.95 / £15.23
Creamy potato, chargrilled veg & superfood salads, topped with your choice of:
• Chargrilled chicken
• Chargrilled marinated halloumi
• Roasted salmon for an additional £3.75 / £3.37

Evening Dishes

Served 5pm- 9pm

Grazing

Mixed anti pasti, green & black olives, sundried tomatoes & Balsamic pickled onions £5.75 / £5.18

Calamari, harissa & lime mayo £5.85 / £5.27

Smoked mackerel pate, toasted gluten free bread, cucumber & caperberry £5.85 / £5.27

Crispy beef, sweet chilli relish, spring onion, sesame £5.85 / £5.27

Burrata, chunky pesto, fresh chilli, pickles, toasted gluten free bread £6.50 / £5.85

Crispy Gochujang cauliflower, chive, lemongrass & sour cream dip £6.00 / £5.40

Main Courses

Byfords house curry: medium spiced curry with basmati rice, poppadom, mango & pineapple chutney, onion salad. Your choice of:

Chicken £19.50 / £17.50, **Vegetable** £18.75 / £16.88 or **king prawn** £19.50 / £17.50

The Byfords salad plate: creamy potato salad, marinated Chargrilled vegetable & superfood salads, topped with your choice of either chargrilled chicken, roasted salmon fillet or marinated roasted halloumi £18.50 / £16.50

Black and Blue Burger, Double stacked homemade beef burger, topped with black treacle bacon, Binham blue cheese, and our secret burger sauce, in a toasted gluten free roll, with seasoned fries & spicy carrot slaw £18.95 / £17.05

Chargrilled Chicken Supreme, Roast vegetable cous cous salad, tenderstem broccoli, chimichurri dressing £19.50 / £17.00

Roasted Cod Fillet, with coconut & red lentil dahl, triple onion pakora, curried mussel sauce and lemongrass oil £18.50 / £16.65

Roasted Salt & Pepper Salmon fillet, Soft boiled egg, roasted new potato, green bean & sunblushed tomato salad, black olive & tarragon dressing £18.95 / £17.05

Sides

Dressed house salad £4.25 / £3.83

Spicy carrot slaw £4.25 / £3.83

Skin-on fries £4.25 / £3.83

Sweet potato fries £4.50 / £4.05

Desserts

each £8.75 / £7.88

Warm gluten free brownie, raspberry sorbet, maple roasted nuts

Byfords mess: blueberry compote, meringue pieces, whipped cream, vanilla gelato

St clements & cranberry sponge pudding, vanilla gelato

Millionaires sundae, millionaires shortbread, caramel gelato, whipped cream & chocolate & toffee sauce

Chocolate & cherry fudge torte, vanilla gelato

Vanilla pannacotta, mango puree, rum roasted pineapple, coconut flakes

Bakewell Pavlova, cherry compote, toasted almonds & Chantilly cream

Gelato

1 Scoop £2.75 / £2.48 2 Scoops £5.25 / £4.73 3 Scoops £6.75 / £6.08

Choose from: **Vanilla, Chocolate, Strawberry, Caramel, Banana,**

Raspberry sorbet, Orange Sorbet, Lemon Sorbet

Afternoon Tea

Served 2.00pm - 5pm

Our afternoon tea features traditional finger sandwiches, scrumptious scones with clotted cream and jam, delicious cakes and a choice of tea or coffee (or if you're feeling indulgent add in a glass of fizz!)

Classic £22.75 per person / £20.48 per person
Champagne £32.75 per person / £29.48 per person

Available by booking only
24-hours notice

